

IMPROVE YOUR CHILD'S
RESPONSE TO STRESS DURING
THE DIFFICULT TRANSITION OF
DIVORCE & SEPARATION

THE CENTER FOR DIVORCE EDUCATION'S

CHILDREN IN BETWEEN® *For Kids*

childreninbetweenforkids.com



SCAN ME

- ▶ Builds Emotional Literacy
- ▶ Features Kids Talking to Kids About Divorce
- ▶ Brain Science Based Tips for Mental Health
- ▶ Proven Methods to Reduce Stress

THE CENTER FOR DIVORCE EDUCATION'S

CHILDREN IN BETWEEN® *For Kids*

▶ *Children in Between: For Kids* was created especially for families going through divorce or separation. Our goal is to help children aged 7 to 14 understand and manage the many emotions surrounding their family's break up.

▶ Watching with you, your children will learn proven skills to reduce everyday worries and enhance good feelings in the home, and more success in school. We expect their stress, including anxiety, depression, and fear will lessen after using this program.

childreninbetweenforkids.com

▶ To access the program you will need:

1. An internet ready device
2. A current email address
3. Google Chrome Web Browser

▶ To purchase an account and begin the course:

1. Go to: childreninbetweenforkids.com
2. Click: "Sign Up Now"
3. Carefully follow the on screen instructions

▶ Accounts are good for six months and are available 24 hours a day, 7 days a week.

Family Viewing Tip:

As a parent, you can help your child develop more emotional intelligence by encouraging them to recognize and label their feelings. Doing so yourself is the most powerful way to teach them.



THE CENTER FOR
DIVORCE EDUCATION

divorce-education.com

877-874-1365

staff@divorce-education.com